The International Federation for Family Development (IFFD) is an independent, non-profit NGO with the main mission of supporting families through training. The organisation and its programmes are available in 68 countries, working in collaboration with numerous entities.

IFFD also has General Consultative Status with the United Nations’ Economic and Social Council (ECOSOC).

www.iffd.org
What does the project consist of?

Come on! We spend time on everything else but neglect the most important thing, our own family!

The project consists of reflecting about our family in a friendly atmosphere with mutual support.

The family bond and professionalism towards children’s education strengthen a person and the family in every aspect of life.

Sharing educational experiences with other families provides reciprocal benefits.

What is the aim of the project?

To provide families with tools that make them happier:

• Greater understanding of their children
• Sharing ideas with other parents to better cope with difficult situations
• Improved communication between parents
• A fuller experience of family and marital life

How do we work?

It is an educational activity focussed on friendship.

• Very small group meetings (4 or 5 couples) in a relaxed atmosphere
• Diverse families from different backgrounds and social settings
• Depending on the group, there are between 5 and 7 sessions, one held every month
• A specific issue about education and family is discussed at each session in which everyone takes part

What do we talk about?

The topics change depending on the family concerns and needs of each group.

Some suggestions:

• Home and the Family
• Individual personalised support
• Education, schools and free time
• Authority and autonomy
• Marital love
• Leisure, outings, friendships and technology
• Spiritual importance and growth

Yes, I think so too.

It must be improved little by little.

You’re right… I don’t spend much time with my kids.

Maria’s suggestion is very good.